

WELLBEING POLICY

Purpose

This policy aims to create an environment where the health and wellbeing of our staff and students is highly valued, and one which encourages and supports them to maintain or adopt healthy lifestyles.

Scope

This policy applies to all staff and students and their wellbeing.

Definitions

Wellbeing is defined as a state in which every person realises their own potential, can manage the normal stresses of life and work productively to make a contribution to their community.

Policy Statement

It is Damascus College's policy

- To raise awareness within the Damascus College community about the issues that impact on physical and psychological health and wellbeing
- To promote a positive and equitable environment where health and wellbeing is supported.
- To promote and encourage participation in health and wellbeing initiatives within and outside our community.
- To educate staff and students about issues relating to health and wellbeing.

Consequences

People feel safe, valued and part of a supportive community.

Responsibilities

The Principal and Leadership team are responsible for the implementation of the policy.

Associated Documents

Healthy Workplace Kit (Worksafe Health 2013)

Damascus College Pastoral Care Policy

Damascus College Student Harassment and Bullying Policy

Damascus College Staff Anti- Bullying Policy

Damascus College Occupational Health and Safety Policy