

WELLBEING POLICY

Purpose

This policy aims to create a school environment where the health and wellbeing of our staff and students is highly valued, and one which encourages and supports them to maintain or adopt healthy lifestyles.

Scope

This policy applies to all staff and students and their wellbeing.

Definitions

Wellbeing is defined as a state in which every person realises their own potential, can manage the normal stresses of life and work productively to make a contribution to their community.

Policy Statement

It is Damascus College's policy:

- to raise awareness and actively engage with the Damascus College community, promoting the positive impact on physical and psychological health and wellbeing;
- to provide a learning and workplace environment where positive health and wellbeing is enacted;
- to promote and encourage participation in health and wellbeing initiatives within and outside our community; and
- to educate staff and students about different approaches relating to health and wellbeing.

Consequences

People feel confident, empowered, safe, valued and part of a supportive community.

Responsibilities

The Principal and Leadership team and all members of the community are responsible for the implementation of the policy.

Associated Documents

Work Safe Victoria – OHS in schools – A practical guide for school leaders (Ed 3 – 2017)

Damascus College Pastoral Care Policy

Damascus College Student Behaviour Policy

Damascus College Occupational Health and Safety Policy

Child Safe Standards